



**A. M. SHAIKH HOMOEOPATHIC MEDICAL COLLEGE,
HOSPITAL & P.G. RESEARCH CENTER, NEHRU NAGAR,
BELAGAVI-590010**



“A. M. SHAIKH MEDICAL COLLEGE OBSERVED WORLD HEART DAY 2026”

A. M. Shaikh Homoeopathic Medical College, Belagavi, observed **World Heart Day 2026** on 29th September at **B.K. Kangrali Peripheral OPD**. The awareness programme was organized by the Department of Homoeopathic Repertory & Case Taking (P.G.) to promote awareness about cardiovascular health and the prevention of heart diseases.

The programme was conducted by **Dr. Premalata Rotti**, along with P.G. Scholars **Dr. Madhuri Reddy** and **Dr. Shreya Athani**, and interns under the guidance of **Dr. Lalita Nadgir**. An informative awareness talk was delivered on heart diseases, their risk factors, and preventive measures. This was followed by general health check-ups and lifestyle counselling.

Participants received personalized guidance on **blood pressure monitoring, healthy dietary practices, regular physical activity, weight management, and positive lifestyle changes**. The programme successfully highlighted the importance of preventive healthcare and encouraged participants to adopt healthier habits for maintaining heart health and reducing cardiovascular risks.



