



**A. M. SHAIKH HOMOEOPATHIC MEDICAL COLLEGE,
HOSPITAL & P.G. RESEARCH CENTER, NEHRU NAGAR,
BELAGAVI-590010**



**“A. M. SHAIKH HOMOEOPATHIC MEDICAL COLLEGE,
CONDUCTED HEALTH CHECK-UP CAMP TO ASSESS THE NUTRITIONAL
STATUS OF ADOLESCENT GIRLS,”**

A Health Check-up Camp on **Assessing the Nutritional Status of Adolescent Girls** was conducted by the **Department of Medicine (PG), A. M. Shaikh Homoeopathic Medical College Hospital and PG Research Centre, Belagavi**, at Shri Swami Vivekananda English Medium School, Kadoli, on **13th July 2026** from 9:30 a.m. to 1:00 p.m. The camp aimed to evaluate the nutritional health of adolescent girls and create awareness about the importance of balanced nutrition during the growing years. A total of **61 adolescent girl students** were screened through **anthropometric assessment** and **24-hour dietary recall** to assess their nutritional status and dietary habits. The camp was conducted with the active participation of **four postgraduate students of Medicine, three BHMS interns, and two faculty members**. **Dr. Deepa** and **Dr. Ashwini** supervised the camp, guided the clinical assessments, and interacted with the students. The programme provided valuable practical exposure to students while promoting preventive healthcare and nutritional awareness among adolescents.



