



**A. M. SHAIKH HOMOEOPATHIC MEDICAL COLLEGE,
HOSPITAL & P.G. RESEARCH CENTER, NEHRU NAGAR,
BELAGAVI-590010**



“A. M. SHAIKH MEDICAL COLLEGE CELEBRATES INTERNATIONAL YOGA DAY 2026”

The **Department of Yoga for Health Promotion** organized a **10-day Yoga Camp** from 12th to 21st June 2026 at Dr. Dunham Hall under the theme **“Yoga for Healthy Ageing,”** following the guidelines of RGUHS. Daily yoga and mindfulness sessions promoted physical, mental and emotional well-being among students.

Students also participated in a rally organized by the District AYUSH Commission, creating awareness about the importance of yoga for healthy ageing. A proud moment for the institution was the encouragement extended by distinguished alumni serving as AYUSH Medical Officers, inspiring the present generation of Shaikhians.

The camp concluded on International Yoga Day, 21st June 2026, with students participating at Suvarna Vidhana Soudha, Belagavi, in the presence of Honourable Union Minister Shri Pralhad Joshi, District Commissioner Shri Mohammad Roshan IAS, and other dignitaries. The programme was successfully coordinated by Dr. Swapna Pujari, yoga trainers, faculty members and institutional leadership.

