

A M SHAIKH HOMOEOPATHIC MEDICAL COLLEGE & PG RESEARCH CENTRE
BELAGAVI

INTER-DEPARTMENTAL INTEGRATION OF DEPARTMENT OF PAEDIATRICS & DEPARTMENT
OF ORGANON OF MEDICINE

ANXIETY DISORDERS IN PAEDIATRIC AGE GROUP WITH HOMOEOPATHIC UNDERSTANDING & APPROACH

OBJECTIVES

1. To study the Aetiopathogenesis, pathphysiology, clinical features & diagnosis of anxiety disorders.
2. To understand the general management, classification of disease according to Dr Hahnemann & miasmatic classification of Anxiety disorders.
3. To study the presentation of rubrics related anxiety disorders in various clinical & classical repertories

NEED/ PURPOSE OF INTEGRATION

Anxiety disorder is the most important psychiatric disorder with a prevalence of 5.7% to 17.7% in children and adolescents. Left untreated, anxiety disorders can make it hard for students to get schoolwork done or study. It may affect their relationships with peers and teachers, too. In some cases, students with anxiety disorders miss a lot of school days. Or they may avoid school altogether. An in-depth understanding can guide us to the forthcoming psycho-somatic disease.

Anxieties may also spring as a consequence of somatic disorder, the somato-psychic disorders. Hence this IDI is planned to study the same.

METHODOLOGY

Following students explained the topic using power point presentation and videos on various aspects of anxiety disorders:

Dr Arun explained about what is anxiety, difference between normal & problematic anxiety, what is abnormal anxiety.

Dr Atif highlighted on anxiety disorders & its types, red flag signs of identifying anxiety disorders.

Dr Farhat described causes of childhood anxiety; diagnostic criteria & management.

Dr Nuti focused on challenges faced by homoeopathic physician in dealing with anxiety disorders in pediatric age group.

Dr Sabiha emphasized miasmatic understanding in anxiety disorders.

Dr Kaleem explained about understanding of anxiety disorders through physical symptoms.

Dr Krishna focused on repertory rubrics & aphorisms in organon of medicine.

This was followed by an interactive session

The Integration programme was attended by Dr. Nahida M Mulla (HOD of department of Paediatrics) & Dr. Kiran N Patil (HOD of department of Organon of medicine)

LEARNING OUTCOME

At the end of session students are able

1. To understand what is anxiety, difference between normal & problematic anxiety.
2. Anxiety disorders & its types, red flag signs of identifying anxiety disorders
3. Causes of childhood anxiety; diagnostic criteria & management.
4. Challenges faced by homoeopathic physician in dealing with anxiety disorders in pediatric age group.
5. To understand the general management, classification of disease according to Dr Hahnemann & miasmatic classification of anxiety disorders.
6. To understand anxiety disorders through physical symptoms
7. To understand the presentation of rubrics related to anxiety disorders in various clinical & classical repertories.
8. Search the rubrics in various repertories related to anxiety disorders

