

HEALTH SCREENING CAMP AT BENSONS SCHOOL

Department of Paediatrics under the guidance of **Dr Nahida M Mulla** organised a Guest lecture & health screening camp for the parents & students of Bensons International Academy, Savgaon road, Benkanhalli, Belgaum.

All the parents were explained about the importance of Homeopathy which can play a major role in paediatric healthcare and is considered important for several reasons:

- 1. Safety:** Homeopathic remedies are highly diluted and generally considered safe for children. They don't have the same risk of side effects or toxicity that some conventional medications may have. This makes them a suitable option for treating children, particularly for minor complaints.
- 2. Gentle Treatment:** Homeopathic remedies work on the principle of stimulating the body's natural healing abilities. They are considered gentle and non-invasive, which can be appealing for parents who are concerned about using strong medications on their children.
- 3. Addresses Common Childhood Ailments:** Homeopathy is often used for common childhood issues, such as teething problems, colic, coughs, colds, ear infections, recurrent tonsillitis, bed wetting, skin conditions, asthma & many more. It provides a natural and alternative approach to managing these conditions.
- 4. Reducing Antibiotic Use:** Some parents and healthcare providers turn to homeopathy as an option to reduce antibiotic use in cases of minor infections, which can help prevent antibiotic resistance.
- 5. Holistic Approach:** Homeopathy considers not just the physical symptoms but also the emotional and mental aspects of a child's health. It looks at the child as a whole, which can be beneficial in addressing underlying causes of illness.

The team of doctors visited are Dr Nahida, Dr Farhat, Dr Atif, Dr Ashwini, Dr Jenisca, Dr Aishwarya & Dr Anupama.



