

CASE PRESENTATION BY DR. PADMAJA PAWSHE



Case presentation by Dr.padmaja pawshe PG-1(MED) under the guidance of Dr. Jyotivijaykumar MD(HOM),HOD (MED).

A case of 27 years old male patient came with right sided headache since 12 years and cold coryza since childhood .This was a case of migraine and here location sensation and modalities of both the complaints were discussed the patient has peculiar desire for black coffee. Here we discussed about coffee can be one of the cause for this chronic headache due to its caffeine content but no as even after the discontinuation of black coffee this headache continues. His mentals were well taken at first but patient didn't wanted to share about his personal life and according to his marked mental and physical generals such as conscious about himself ego, fastidious, likes to be alone, dominated by father since childhood,indifferent to family and friends,doesn't not want to share anything to anyone,introvert, intelligent, contradiction and consoling aggravation .He was given belladonna 200 because headache violent sudden

bands head to wall ,and after ambition failure complaints start . discussed about different homoeopathic remedies which according to the case history and follow ups were discussed as the treatment was for more than 1 year potency discussion why change in remedy was done and later given natrum silicatum 1M was dicussed why this remedy was not given before as there was no clear picture because patient didn't wanted to share anything...we discussed about natrum phosphoricum , natrum sulphuricum, natrum muriaticum, lycopodium, arsenic alb, carnosin and after giving the similimum how did the patient respond to it he started opening up started making jokes and felt better than previous .

Conclusion: The study of migraine and its differential diagnosis like cluster headache,tension headacheallergic rhinitis and sinusitis were discussed,case was well taken,remedy selection was good but learned not tochange the remedies and potency suddenly as it may cause aggravation or suppression and clear picture of the patient is lost and this healthy learning discussion ended after clearing the quaries, difficulties related to the case presented.