

JOURNAL CLUB SESSION ON EFFECT OF HOMOEOPATHIC PREPARATION OF RUTA GRAVEOLANS



JOURNAL CLUB session was conducted by DR FARHEEN, PG-I (MM) under the guidance of DR.AFSHAN .A. BALEKUNDRI, MD(HOM)

TOPIC – Effect of Homeopathic preparation of Ruta graveolans on the progression of childhood myopia before, during and after cessation of treatment : A Retrospective Study

This article was taken from the website of Indian Journal of Research in Homeopathy, www.ijrh.org.on, from November 2017 issue published by author Sandeep Sudhakar Sathye.

Abstract was considered due to the increased incidence and progression of myopia, especially in Asian countries, which have been attributed to excess near work. Topical use of atropine and other conventional medicines is not so effective in controlling myopia and also has adverse side effects.

AIM – The aim of the study was to evaluate the effects of Ruta graveolans on annual myopia progression rate before, during and after stopping the treatment in childhood myopia.

An interesting interactive session was carried out among lecturers and all PG students wherein they asked queries and had a healthy debate on the scope and limitations of both the article and the remedy. A brief discussion was done on the design and methodology of the article. Advantages and disadvantages of the retrospective type of analysis was assessed. Keywords of the article and

Homeopathic therapeutics on myopia and other eye complaints were explained in detail to the students.

Session concluded in the favour of Ruta graveolans being effective in controlling childhood myopia in cases without parental history of myopia (hereditary factor in the background),and cases with hereditary factor in the background must continue with the constitutional therapy by wholistic approach was concluded.